Isaac Newton vs. Red Light Cameras

The Dilemma Zone
Defect Caused By Traffic Engineers
Creator of Red Light Camera Companies

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Dilemma Zone Defined

The Federal Highway Administration (FHWA)

The area in which it may be difficult for a driver to decide whether to stop or proceed through the intersection at the onset of the yellow signal indication. It is also referred to as the “option zone” or the “zone of indecision.”

The FHWA is talking about a type II dilemma zone.

There is also the worse type I dilemma zone. A type I dilemma zone is a region of the road where if the driver is in it at the time the light turns yellow, the driver neither can stop safely nor proceed at the approach speed without running a red light. In this case the yellow is so short that it confronts the driver with an unsolvable decision problem. There is no solution.

The Institute of Transportation Engineers (ITE)

The dilemma zone is a space between two points on an approach to a signalized intersection, generally defined as beginning at a point where approaching drivers—when shown a yellow display—will stop at the stop line of the intersection and ending where drivers—again, when shown a yellow display—will proceed through the intersection before the red indication is displayed. Between these two points, drivers are in a dilemma as to whether to stop or proceed. Some will decide to stop and others continue on. An abrupt stop may cause a rear-end crash and failing to stop may cause a right-angle crash. ITE is referring to a type II dilemma zone.
Dilemma Zone -- an Engineering Defect

Most DOTs and organizations like the National Motorist Association know that traffic engineers must set the yellow light interval to that computed by ITE’s equation. By setting the yellow light interval to that equation, DOT’s give the yellow light interval the bare bones minimum time that it takes for the type I dilemma zone go away.\textsuperscript{2,4} A type I dilemma zone is a region on the road where the engineer confronts the driver with an unsolvable decision problem. No matter whether the driver decides to go or to stop, the engineer forces the driver to run a red light.

Most DOTs in the world use ITE’s equation as their formal spec. But what they don’t know is that this same ITE equation, not only requires that traffic engineers set the yellow light interval correctly, \textit{but also requires that traffic engineers disclose the safe braking distance line to the driver.} Without disclosing the safe braking distance line to the driver, DOTs create a type II dilemma zone.

A type II dilemma zone is a region on the road where although the solution of whether to stop or to go is possible [no type I dilemma zone], it is still not clear to the driver what that solution is.

A correctly set yellow light interval works only when engineers implement it in tandem with full disclosure of the safe braking distance. This tandem requirement comes directly from Newton’s Laws of Motion, Newton’s Laws of Motion being embedded in ITE’s equation. Traffic engineers need to paint a line on the approach to every signalized intersection indicating the location of the safe braking distance. The need to do this is just as important as the need to set the yellow interval correctly.

Without disclosure of the safe braking distance line, the engineer forces the driver, upon seeing a light turn yellow, to guess whether to stop or to proceed. This guess creates the “zone of indecision” — the dilemma zone — a type II dilemma zone.
Traffic engineers have the deadly habit of misapplying ITE’s yellow light equation to turn lanes and to two close-by intersections. By misapplying ITE’s equation, engineers automatically create a type I dilemma zone. Unimpeded drivers going the maximum allowable speed, who have passed the critical distance for their speed, need up to twice as much yellow to slow down in order to initiate their turn or to avoid running into obstacles on the far side of the intersection. ITE’s equation only provides enough time for driver going the maximum allowable speed. It does handle a slowing down driver who is not slowing down to a stop. The inventor of the yellow light equation, Denos Gazis, never intended for a traffic engineer to use his equation for turn lanes. In his paper, “The Problem of the Amber Light Signal in Traffic Flow, Gazis clearly means for his equation to be used for straight-thru movement only. Gazis mentions that turning cars are a different problem, and not covered by his equation.

Traffic engineers also add insult to injury by making turn yellows even shorter than ITE’s equation. That act only increases the type I dilemma zone. Traffic engineers do not understand ITE’s yellow light equation. Instead of a setting the yellow longer to allow drivers to slow down from the maximum allowable speed, engineers shorten the yellow because they feel cars are going slower the speed limit. They do not understand that slowing down, with no intention of stopping, requires more time, not less. By shorting the yellow, engineers covertly forbid drivers from approaching the intersection at the maximum allowable legal speed. Engineers force such drivers to run red lights.

Yellow Light Defined

Prerequisite: Place a line at the safe braking distance from the intersection.

1. When the driver sees the light turn yellow and he has not yet crossed the line, he must stop. The light will be red by the time the driver gets to the intersection. If he goes, then he will run a red light and possibly cause a T-bone collision.
2. If the driver has already crossed the line when light turns yellow, the driver must go. The light will still be yellow when the driver gets to the intersection. If the driver tries to stop, he may cause a rear-end collision.

3. If the driver is on the line when the light turns yellow, the driver must stop. The yellow will turn red the instant the driver gets to the intersection. If the driver goes, he will run the red light but he will traverse the intersection within the all-red interval. He will be safe.

**ITE Yellow Light Interval Equation Defined**

The yellow light interval equals the time it takes for a driver to perceive the light turning from green to yellow plus the time it takes for a driver to traverse the safe braking distance at the speed limit.\(^5\)

**Definition by Words**

\[
\text{Yellow Interval} = \text{Perception Time} + \frac{[\text{Safe Braking Distance}]}{\text{Speed Limit}}
\]

**Definition by Math\(^6\)**

\[
Y = t_p + \frac{v^2}{2a + 2Gg} + \frac{v}{v}
\]

\[
Y = t_p + \frac{v}{2a + 2Gg}
\]
Where:

\[ t_p = \text{perception time in seconds} \]
\[ v = \text{speed limit in ft/s} \]
\[ a = \text{safe deceleration of car in ft/s}^2 \]
\[ G = \text{Acceleration due to Earth’s gravity (32.2 ft/s}^2) \]
\[ g = \text{grade of the road in %/100, downhill is negative grade} \]

**Safe Braking Distance—Expression of Newton’s Law of Motion**

\[
S_b = \left[ \frac{v^2}{2a + 2Gg} \right]
\]


**ITE Yellow Light Equation – Not Totally Arbitrary**

This spec incorporates the immutable Newton’s Laws of Motion. Half of the spec computes the yellow time. The other half computes the safe braking distance. The safe braking distance derivation is an exact expression of a higher law that governs the universe. It is as important to the formula as the yellow time itself. But traffic engineers choose to implement only the yellow time half, not the safe braking distance half. By your DOT not implementing the full spec, your DOT violates the higher law and establishes conditions that force drivers to run red lights.

In order for drivers to obey the spec, the driver needs for traffic engineers to disclose the exact location of the safe braking distance:
\[ S_b = \left[ \frac{v^2}{2a + 2Gg} \right] \]

Which in tandem requires traffic engineers to set the yellow light interval to:

\[ Y = t_p + \frac{S_b}{v} \]

Setting \( Y \) but not disclosing \( S_b \) is like requiring a cook to bake bread for 20 minutes but not telling the cook at what temperate to cook it. The repercussions of badly cooked bread are raw dough or burnt crust. The repercussions of badly cooked intersections are rampant red light running, rear-enders and T-bone crashes.

**The Name “The Yellow Light Interval Equation” – One Possible Name**

The name “The Yellow Light Interval Equation” can be redubbed the “The Safe Braking Distance Line Equation”:

\[ S_b = v(Y - t_p) \]

where the traffic engineer paints a line at \( S_b \) from the intersection. It is equally valid. Traffic engineers did not consider refactoring the polynomial. Actually the real problem with traffic engineers (and this is a truthful statement not a sarcastic one) is that traffic engineers do not know physics.

Physics is the science of expressing reality in terms of math. It is reality to math. Not math to reality. ITE’s equation demonstrates the latter: capricious math forced upon Nature, and thus rejected. A physicist sees ITE’s equation and says, “Aside from ITE’s equation never working because it is not an equation of motion, ITE’s equation still demands me to set the yellow light interval to \( Y \) and tell the driver the location of the safe braking distance \( S_b \). But even when I do all that, that equation still creates a type II dilemma zone for cars travelling slower
than the speed limit inside the safe braking region when the light turns to yellow. The equation will always cause problems.”

A traffic engineer sees ITE’s equation and says, “I will set the yellow light interval to Y only for straight-thru lanes. I’ll use a different standard, the MUTCD 3 second minimum, for left turn lanes. I’ll give those left-turning cars 3 seconds even when the straight-thru cars get 4.5 seconds. Law of Momentum? What’s that? Safe braking distance line? What’s that? By the way, there is this awful dilemma zone which has been causing red light running, crashes and deaths for decades. We don’t know what causes all this, but look at all our efforts to curtail its effects.”

In total frustration of seeing cars running red lights and crashing, town councils and sheriffs follow up with, “We’ll put up some red light cameras. Those will make Newton’s Laws of Motion go away.”

**Yellow Duration Shortened - Repercussions**

When the traffic engineer does this,

\[ Y < t_p + \left[ \frac{v^2}{2a + 2Gg} \right] \]

he sets the yellow interval to a length less than the equation requires, and in so doing violates Newton’s Laws of Motion and creates a type I dilemma zone. Since \( t_p \) and \( v \) are constants, the traffic engineer cuts into the safe braking distance. The driver no longer has enough distance within which to stop his car. The driver must go through the intersection. The traffic engineer forces drivers to run red lights.
Everyone has heard of cities shortening the yellow light durations, but few understand how reprehensible that is. There is a tremendous penalty for the engineer’s crime of violating the immutable Laws of the Universe. Mother Nature does not take kindly to being violated. By looking at the red light camera data, you will see that shortening Y even so much as a mere ½ second, more than quadruples the number of red light runners. Just a ½ second mistake puts millions of people in harm’s way.

Many people accuse cities of intentionally shortening yellow lights. While I am sure some cities do so once seeing all the money a short yellow pulls in, I believe that most cities initially are not aware of their preexisting short yellows. At first cities are only aware that they have problems at certain intersections—that certain intersections have far more accidents and have more people running red lights. Cities place their cameras at these intersections.

It seems to never cross a city’s mind that problem intersections are caused by engineers. Cities rather believe that thousands of drivers spontaneously get a suicide complex at their problem intersections, willfully run its red light, and then by the time they get to the next intersection, gain their sanity again. By accusing drivers of behavior disorders, cities enact the solution of enforcement. Sheriffs get behind this idea because the only thing they know is enforcement. Cities install cameras to penalize drivers. Cities penalize in an attempt to affect positive change in the drivers’ behavior.

But once the red light camera data comes in, cities find that driver behavior hasn’t changed. People are still running reds as usual. Cities do not understand that the problem must lay elsewhere. Given the traffic signal plans for those problem intersections, one immediately discovers that these problem intersections have specific and rather obvious engineering defects. The disparity of red light running statistics from one intersection to the next makes it obvious. At the top of the failure list is a type I dilemma zone. Next on the list is the type II dilemma zone. The type II dilemma zone is on every list.
Once the cameras are up and collecting the money, as my colleague Barnet Fagel the Ticket Doctor puts it, the cameras become like cocaine. The income is addictive. Cities will not take the cameras down. Cities will not even use the camera data to help their engineers because helping their engineers would mean less revenue. On top of that, many cities like Cary have a tiered contract with their symbiotic traffic camera company. The more tickets Cary issues, the higher percentage of money Cary keeps. It profits Cary to keep traffic engineers in the dark.

Omission of Safe Braking Distance Line -- Repercussions

I bet until now you never heard about the safe braking distance line. After all none of us has ever seen one. Am I fussing about nothing? We all seem to have been getting along just fine without such a line these past decades.

Or have we?

Why do people run red lights? Why do accidents happen? Even though most people never witness crashes, crashes do happen at a rate of several dozen at each intersection each year. Why are crashes so frequent and why at every intersection?

It is the outcome of the presence of a dilemma zone.

Even when traffic engineers set the yellow correctly, there is still a tremendous amount of people running red lights. Setting the yellow “correctly” leaves no margin of error—the traffic engineer expects the human brain to be a computer.

If you believe your Town Council, a Town Council that supports red light cameras, then you believe everyone in the city, and I mean everyone, intentionally runs reds lights. You believe that everyone in the city drives like the Dukes of Hazzard.

I have told you that violating the Laws of Motion causes reprehensible consequences. I have told you that a yellow ½ second shorter than that
required by ITE’s equation more than quadruples the number of the people running reds. Well. \textit{Quadruples from what?} It quadruples from the number of people running red lights due to the type II dilemma zone that same equation creates.

Even when DOTs set yellows to the ITE spec, there is still a steady stream of cars running red lights. A shorter yellow is a case of worse on top of bad. Bring the yellow up to spec, one removes the worse, but the bad is still there. Dilemma zone II is still present.

By omitting the safe braking distance line, the traffic engineer forces you to guess. How good a guesser are you? The farther away from the intersection you are, the easier it is to know you must stop. The closer to the intersection you are, the easier it is to know you must go. But somewhere in the middle, you really don’t know whether you have the distance to stop or the time to go.

Imagine you are driving into Cary, North Carolina. It is Spring. The pear trees are spiked with white flowers, the scent of freshly blooming magnolias waft in the air. You are exiting off Highway 1 onto the Cary Parkway. You turn west onto Cary Parkway. You approach High Meadows Drive.

Reality strikes. You see the photo-enforced sign. There’s a camera there. The pressure is on.

Do you know how far back 194.5 ft is from the intersection’s stop line?

The light turns yellow. You are 195.0 ft from the intersection. You are not sure whether to go or stop. You guess to go. Oops! Wrong guess. You were really 6 inches farther from the intersection than the DOT’s secret safe braking distance line when the light turned yellow. You ran the light by $1/10$th of a second. Ticket for you.

This scenario, this single scenario, guarantees those red light camera companies a steady income. 99.9999% of all red light running on properly yellow-timed intersections are fraction of a second violations. All these puny little violations
are the result of a guess forced upon you by the traffic engineer, because the traffic engineer failed to disclose the safe braking distance.

Some people may not guess as well as you. They may decide to go even from farther back, perhaps even from 217.8 ft—which is what they could do if Cary was a city in California. In that case, by the time they get to the intersection, not only would the light be red but also cross traffic would have a green light. Oops! T-Bone crash.

Some people are old. Take an old granny who is overly cautious. But on this particular day, granny is going the speed limit, not her usual 5 mph. She is 100 ft from the intersection when the light turns yellow. Like most people, she believes the yellow light means brake. But she is within the safe braking distance and should go. But being the granny she is, she does not want to take the chance of running the red light. She slams on the brakes. Oops! Rear-end crash. The duration of the yellow interval is half the time it takes for her to stop. No one can stop their car within the time the light is yellow. Granny doesn’t know that. Hardly anybody knows that.

The fraction of a second violation, the rear-ender and the T-bone crash: they are all products of a dilemma zone.

**Solutions**

To remove the dilemma zone; a.k.a., zone of indecision, remove the decision. Instead of forcing drivers to guess what they have to do, just tell them what they have to do.

There are two ways to remove the decision. There’s the best way, and there’s a compromise.
Best Way

Instead of ITE’s equation, use the following equation:

\[ Y = t_p + \left[ \frac{v}{a + Gg} \right] \]

Now \( Y \) is the time it takes you to perceive the light change and brake to a stop.

If DOTs set the yellow light interval to this solution, drivers *always* have the option to brake. Drivers no longer have to guess between two opposing actions. Graceful braking is always a possibility. Even when the driver is too close to the intersection, the worse he can do is gracefully slow down and glide through the intersection on a yellow.

This solution covers all possibilities. This solution covers the case where the driver is within the safe braking distance, but going slower than the speed limit. If the light turns yellow, he can still gracefully brake and never get penalized.

This solution is the easiest to implement. DOTs only have to increase the yellow light durations by 1 – 3 seconds depending on the speed limit. DOTs don’t have to get out a can of paint.

After the DOT implements this solution, then DMVs must educate drivers on what a yellow light means. This time DMVs could actually explain what a yellow light means.

The biggest complaint from traffic engineers about this solution is that drivers have too much yellow. Traffic engineers believe that drivers will just treat the yellow light as if it means go. My rebuttal is, “Even now that is what your yellow means.”
The reason why this solution is the best solution, and I would add *the only solution*, is because the solution is an equation of motion. As opposed to ITE’s equation which tries to impose reality, this equation actually describes reality.

**Compromise**

The compromise is the solution I have been mentioning from the beginning. Make DOTs paint a line at the safe braking distance. This implies that DOTs keep ITE’s equation.

The painted line works when cars are travelling at the speed limit on the entire approach to the intersection.

There are a couple of show stoppers to this solution:

1. Painting a crucial line on the road on the approach to the intersection may distract a driver’s attention away from the intersection.

2. Crucial lines on the road are not easily visible in bad weather or at night. Watching for a light only is much easier and much more reliable.

3. Lines eventually wear off.

4. This solution does not address the case when a driver is travelling slower than the speed limit within the safe braking distance when the light turns yellow. This situation still requires the driver to guess whether to stop or go. Therefore this solution does not make the dilemma zone go away.

5. The possibility of two opposing actions (stop or go) still exists.
Conclusion

Not in their wildest dreams do people ever consider that their DOT, the organization responsible for vehicular motion in the State, does not understand the Laws of Motion. But the raw data from the red light cameras show exactly that. That data points a solid finger at the physics incompetence of traffic engineers.

Cities need desperately to trust their own Department of Transportation. It is awful that they cannot. It is psychologically more comforting and definitely more lucrative for cities to point a finger at drivers rather than face this inconvenient truth. You can actually thank the red light camera companies for revealing the truth, although they do their best to keep this a secret.

If we remove all the engineering defects, we should see perhaps one red light runner per intersection per month. That’s right, 1 perhaps 2 per month.

Right now we see hundreds of runners per month. Sometimes thousands. Are we to be satisfied when we get the numbers down from 1000 to 50 runners per month? To 30? How about 20? Is this a game of the Price is Right where lower numbers are acceptable and higher numbers are not? The only acceptable number of cars running a red light is 0. 0 is acceptable. Anything else is not. We are talking about human beings, not jelly beans. We are playing Russian roulette, not rummy. Engineers must stop systemically loading the guns. Short yellow light = Type I Dilemma Zone = 3 bullets. Type II Dilemma Zone = 1 bullet. The occasional drunk driver is bad enough.


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